

My Body My House

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Written by Lisa Beres and illustrated by Julia Woolf, My Body My House is both a children's picturebook and a cautionary tale against overdependence upon chemicals. A Body (young boy) and a House live together harmoniously at first, but then the Body starts bringing chemicals into the house - pesticides to kill unfortunate insects, air fresheners to make the place smell nice even though they are toxic to breathe, and more. The Body fills the House with so many chemicals that the Body gets sick, until he finally heeds the House's advice to experience fresh air, and regrets his foolishness in depending on so many artificial toxins. In accordance with its message and the author's wishes, a portion of all the proceeds for My Body My House will be donated to the nonprofit organization Children's Health Environmental Coalition.