

GREEN NEST'S RON BERES

Is Your Home Making You Sick?

This is the question which led to Green Nest's inception in 2003. Ron's wife Lisa, a former interior designer, started feeling run down and tired all of the time. She was well aware of the abundance of toxic materials that exist in homes today from her experience as an interior designer. Lisa then began a journey in search of answers. After much research and numerous doctor visits, she came to the conclusion that her house and products within the home were making her sick!

It was through their research that Lisa and Ron decided to become certified Bau-biologists (building Biology—a study derived from Germany which encompasses how buildings impact life and the living environment). With his B.A. from George Mason University, Ron together with Lisa made the necessary adjustments in their home, and Lisa's health gradually became better. Ron and she decided to help other people in their endless efforts to attain optimal health. Together they chose to seek "greener pastures."

Ron Beres is owner and co-founder of **GreenNest.com**, an ecommerce website dedicated to providing tools and resources to create healthy, non-toxic homes. Ron is the author of the audio CD: *Learn to Create a Healthy Home!* and has appeared on



national television shows including *The Today Show*, *Fox & Friends* and over 50 radio shows. In addition, Ron has served as an advisory board member for Cal State University Fullerton's UEE Green Building Program and is a Certified Green Building Professional.



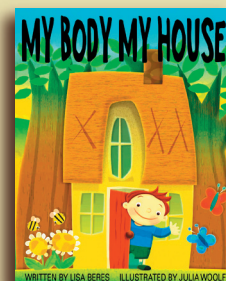
Audio CD

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MEDIA:

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Children's book*

*A portion of all proceeds from Lisa's book will be donated to the non-profit organization HCHW (Healthy Child Healthy World).