

MEDIA ALERT



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“Healthy Home Transformation”

What: FREE WORKSHOP

Date: Saturday, July 10, 2010

Time: 9 a.m. – 11 a.m.

**Where: Frontier Project
10435 Ashford St., Rancho Cucamonga**

RSVP: 909-944-6025

Workshop Will Teach Practical Ways to Make a Healthy Home

Lisa and Ron Beres, founders of GreenNest.com, will share ideas for making a healthy home. Both Lisa and Ron are BBEC/Building Biologist and Certified Green Building Professionals. Combined with Lisa’s professional interior design credentials, the pair will share ways to green-up your home and office.

The Beres inspire eco-friendly practices through their website and have written several books: [Learn to Create a Healthy Home](#) and [The 9 to 5 Greened: 10 Steps to a Healthy Office](#) and [Just Green It](#). The pair have become go-to experts and celebrity consultants of the green movement, appearing on many television and radio programs, including *Martha Stewart Living Radio*, *Sally Jessy Raphael Radio Show*, *Fox and Friends*, *The Today Show*, *Chelsea Lately*, *The Doctors* and *Living Well with Montel Williams*.

The Sustainable Saturday Series, sponsored by Bank of America, is a monthly workshop designed to educate attendees on ways to adopt and promote more environmentally sustainable lives. All workshops are free, open to the public and held at the Frontier Project located **at 10435 Ashford Street in Rancho Cucamonga. This Saturday attendees will have a chance to win a Home Detox Green Toolkit.**

For more information or to RSVP, visit www.frontierproject.org or call 909.944.6025.

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About the Frontier Project

The Frontier Project Foundation is a non-profit organization dedicated to meeting the environmental challenges facing Southern California. The Frontier Project will show how sustainable design can be economical, efficient, and inviting by demonstrating innovations for Southern California living and working environments.